

# *Tennessee Department of Education*

## *School Safety Center*

The Tennessee Department of Education's School Safety Center and the University of Tennessee's Law Enforcement Innovation Center have partnered together to offer the Second Step training to Tennessee's Elementary Schools.

### **SECOND STEP Overview**

#### *Lessons for School and Life*

Based on over 20 years of research and classroom application, the award-winning SECOND STEP program integrates academics with social and emotional learning. Children from preschool through fifth grade learn and practice important skills, such as anger management, cooperation, respectful behavior, and problem solving. These skills help decrease students' negative and violent behaviors—fighting, name-calling, and stereotyping—helping to return the focus of classroom time to where it belongs: learning. Students also learn to recognize and respect people with different backgrounds, perspectives, and ethnicities. These essential life skills will help students in the classroom, on the playground, and at home.

#### *Program Components and Support*

The SECOND STEP program includes teacher-friendly curricula organized by grade level and is **free** for educators/counselors. The training is open to TN school systems, afterschool programs or nonprofit agencies that support TN elementary schools.

#### *Skills:*

- Empathy
- Impulse control
- Anger management
- Problem solving

#### *Grade Level Kits:*

Pre/K–Grade 5 – each grade level has a separate kit

#### *Format Pre/K–Grade 5:*

- Photo-lesson cards
- Classroom videos (1–5)
- Puppets & Sing-Along Songs CD (PreK)
- Classroom posters

#### *Target Audience:*

- Counselors
- Afterschool Counselors
- School Resource Officers
- Family Resource Center Staff
- STARS counselors

For additional information on the curriculum, please visit <http://www.cfchildren.org/>

For additional information on the training, please contact Lori Ungurait at 615.253.6382 or [lori.ungurait@tennessee.edu](mailto:lori.ungurait@tennessee.edu).